*Type of the Paper (This Word template contains the sections required for Editorial, Commentary, Letter, etc.)*

**Title of the Manuscript**

Firstname Lastname1, Firstname Lastname2, Firstname Lastname1,\*

1Department, Institution, ZIP code City, State (if any), Country

2Department, Institution, City, State (Abbreviated format) ZIP code, Country

\*Correspondence: E-mail address (Firstname Lastname)

Tel (Optional): [Full international phone number]

Fax (optional): [Full international fax number.]

Email (mandatory)

†These authors contributed equally.

ORCID [We recommend that the author complete this optional field]:

Firstname Lastname: 0000-0002-2451-xxxx

Firstname Lastname: 0000-0002-2452-xxxx

Firstname Lastname: 0000-0002-2453-xxxx

**Title of the Manuscript**

Main Text [first level heading]

Editorials are opinion articles from the editor or an invited author. When submitted by an invited contributor, editorials may introduce the subject being brought into focus in a special issue or thematic section. Editorials may comment on one or more articles in the same *JFSFQ* issue or on an area of current interest in food science. They should be brief and focused. Editorials should not exceed 1,000 words, 30 references, and inclusion of 1 table or figure is strongly encouraged. Editorials may have a maximum of 3 authors. The body of the Editorial can be continuous text or divided into subsections. There is no abstract. Editorials on topics of current interest are welcome [Abbreviations should initially be introduced in the main text, detailing their full form before usage].

*Figures, Tables, Motions, and Equations, etc*. [second level heading]

All figures and tables should be cited in the main text as Fig. 1, Table 1, Eqn. 1, Motion 1, etc.

### Figures [third level heading]

Provide figure images in JPG, TIF format; Color images must be in RGB mode (do not support CMKY mode). The suggested minimum resolution of image is 300 dpi. Figures should be placed in the main text near to the first time they are cited. Also, the legend should be detailed, it is not acceptable to give only one or two lines description of figures.



Fig. 1. Figure title. (A) Description of what is contained in the first subfigure. (B) Description of what is contained in the second subfigure. Abbreviations appear in a figure should be listed at here. Obtain permission and acknowledgement required by the copyright holder if a figure is being reproduced from another source.

### Tables

Tables should be placed in the main text near to the first time they are cited.

Table 1. This is sample table caption.

|  |  |  |  |
| --- | --- | --- | --- |
| Title 1 | Title 2 | Title 3 | Title 4 |
| Entry 1 | data | data | data |
| Entry 2 | data | data | data |
| Entry 3 | data | data | data |
| Entry 4 | data | data | data |

Table footnotes.

### Mathematical Components

This is the example 1 of equation [fourth level heading]

(1)

the text following an equation need not be a new paragraph. Please punctuate equations as regular text.

This is the example 2 of equation

(2)

The text following an equation if were a new paragraph, please punctuate equations as regular text.

*Units*

* A space should be inserted before measurement units: 17 mL, 17 mol/L, 17 cm.
* Capitalize the letter L in some units: mL, L.
* The letter p should be lowercase and in italic type: *p*, *p*-value.
* Decimal points should use a full stop (.) NOT a comma (,): 0.17, 10.375.

Abbreviations [optional section]

NIRS, near-infrared spectroscopy; PCA, principal component analysis; PUFAs, polyunsaturated fatty acids; MDA, malondialdehyde; TAG, triglycerides; HPLC, high-performance liquid chromatography; SOD, superoxide dismutase; SEM, scanning electron microscopy; SFE, supercritical fluid extraction; LDF, low-fat diet.

Supplementary Material [optional section]

Authors of accepted manuscripts may provide related supplemental data to be posted online along with the published manuscript. All Supplemental Data information (except videos) should be combined into a single Word/PDF file. Before submission, carefully review all files; if you wish to make changes to supplementary material during any stage of the process, please make sure to provide an updated file. The journal is not responsible for any errors contained in data supplements.

Appendix [optional section]

All appendix materials must be cited in the main text.

Author Contributions

All authors must meet the 4 criteria for authorship as outlined in the [authorship policy](https://www.imrpress.com/journal/JFSFQ/page/instructions#Authorship). Those who contributed to the work but do not meet the criteria for authorship can be mentioned in the Acknowledgments.

Example: Initials (Author A) and Initials (Author C) designed the research study. Initials (Author B) performed the research. Initials (Author D) provided help and advice on ... Initials (Author A) analyzed the data. Initials (Author B, C and D) wrote the manuscript. All authors contributed to editorial changes in the manuscript. All authors read and approved the final manuscript.

Ethics Approval and Consent to Participate

This section is required for all papers. If the article does not involve this part, please add: “Not applicable.” More information about [Ethics Approval and Consent to Participate Policies](https://www.imrpress.com/page/editorial-policies).

Acknowledgment

This section is required for all papers. Here you can acknowledge any support given which is not covered by the author contribution or funding sections. This may include administrative and technical support, or donations in kind (e.g., materials used for experiments). Please do not thank the editors in this section, but you can send an email to express thanks. More information about [Acknowledgment Policy](https://www.imrpress.com/page/editorial-policies#authorship).

Example: We gratefully acknowledge the assistance and instruction from professor XXX of the XXX Institute for XXX and the XXX Investigators.

Funding

This section is required for all papers. Please add: “This research received no external funding.” or “This research was funded by Name of Funder, grant number XXX.”

Conflict of Interest

This section is required for all papers. If there are no interests to declare, please add: “The author(s) declare no conflict of interest. More information about [Conflict of Interest Policy](https://www.imrpress.com/page/editorial-policies#conflict_of_interests).

Declaration of AI and AI-assisted Technologies in the Writing Process

In accordance with [COPE’s stated position](https://publicationethics.org/cope-position-statements/ai-author) on AI tools and [ICMJE’s authorship criteria](https://www.icmje.org/recommendations/browse/roles-and-responsibilities/defining-the-role-of-authors-and-contributors.html), artificial intelligence chatbots, such as [ChatGPT](https://openai.com/index/chatgpt/) and similar AI tools based on large language models (LLMs), cannot be listed as an author of a paper. If the author(s) have used AI tools in drafting of the manuscript, production of images or graphical elements of the paper, or in the collection and analysis of data, the authors must be transparent concerning the use of AI tools. Furthermore, AI tool use must be disclosed in this section. Authors are fully responsible for the content of their manuscript, even those portions produced by an AI tool, and are thus liable for any breach of publication ethics. Final decisions concerning whether the use of an AI tool is appropriate, or permissible, in a submitted manuscript lies with the journals’ editors. Specifically, the Editor-in-Chief is responsible for decisions concerning regular journal submissions, or an Editorial Board member may be appointed by the Editor-in-Chief to make such judgements in the case of a conflict of interest or for other circumstances.

**Example:** During the preparation of this work the authors used ChatGpt-3.5 in order to check spell and grammar. After using this tool, the authors reviewed and edited the content as needed and takes full responsibility for the content of the publication.

References and Notes

Please note that authors are responsible for the accuracy and completeness of their [references](https://www.imrpress.com/page/editorial-policies#citations).

Sample reference citation ([Download EndNote style](https://storage.imrpress.com/IMR/1948300520956592000/application/EndNote-style.ens)).

[1] Surname Initial(s), Surname Initial(s), Surname Initial(s), Surname Initial(s), Surname Initial(s), Surname Initial(s), *et al*. Article title. Title of journal. Year; volume: pages. https://doi.org/...

[2] Surname Initial(s), Surname Initial(s), Surname Initial(s), Surname Initial(s), Surname Initial(s), Surname Initial(s), *et al*. Article title. Title of journal. Year; volume: pages. (In Language) https://doi.org/...

[3] Surname Initial(s), Surname Initial(s), Surname Initial(s), Surname Initial(s), Surname Initial(s), Surname Initial(s), *et al*. Book Title. Edition - if available. Publisher: City, Country. Year. https://doi.org/...

[4] Surname Initial(s), Surname Initial(s), Surname Initial(s), Surname Initial(s), Surname Initial(s), Surname Initial(s), *et al*. Title of chapter. In Surname of the editor(s) Initial(s) (ed(s).) Book title Page. Edition. Publisher: City, Country. Year. https://doi.org/...

[5] Surname Initial(s), Surname Initial(s), Surname Initial(s), Surname Initial(s), Surname Initial(s), Surname Initial(s), *et al*. Title. Year. Available at: URL (Accessed: Day month year). https://doi.org/...

[6] Surname Initial(s), Surname Initial(s), Surname Initial(s), Surname Initial(s), Surname Initial(s), Surname Initial(s), *et al*. ‘Title of paper’, Title of the conference. Place and date of the conference. Publisher: City, Country. Year of Publication. https://doi.org/...

[7] The advantage of endnotes, is that they are all arranged sequentially in one place, regardless of the length of individual notes.